

# Grants Pass Family YMCA

## May & June Swim Lessons



<p><b>Mon &amp; Wed</b>  <b>8 Lessons (2X Week)</b>                      May 4-27                      Registration closes May 1                      June 1-24                      Registration closes May 29</p>	<p><b>Tue &amp; Thurs</b>  <b>8 Lessons (2X Week)</b>                      May 5-28                      Registration closes May 4                      June 2-25                      Registration closes June 1</p>	<p><b>Saturdays</b>  <b>8 Lessons (1X Week)</b>                      May 2-June 20                      Registration closes May 1</p>
<p><b>Preschool (3-6 yrs)</b></p> <p>Level 1      5:00 pm                      Level 2      5:30 pm                      Level 3      6:00 pm                      Level 4      6:30 pm</p> <p><b>School Age (7-12yrs)</b></p> <p>Level 1      5:00 pm                      Level 2      5:30 pm                      Level 3      6:00 pm                      Level 4      6:30 pm</p>	<p><b>Preschool (3-6 yrs)</b></p> <p>Level 1      5:00pm                      Level 2      5:30 pm                      Level 3      6:30 pm</p> <p><b>School Age (7-12yrs)</b></p> <p>Level 1      5:00 pm                      Level 2      5:30 pm                      Level 3      6:00 pm                      Level 4      6:30 pm</p>	<p><b>Preschool (3-6 yrs)</b></p> <p>Level 1      10:00 am                      Level 2      10:30 am                      Level 3      11:00 am</p> <p><b>School Age (7-12yrs)</b></p> <p>Level 1      10:00 am                      Level 2      10:30 am                      Level 3      11:00 am                      Level 4      11:30 am</p>
<p><b>Financial Assistance is Available!</b></p>		<p><b>Parent/Tot (6mo.-3yrs)</b></p> <p>Saturday      11:30 am</p>

**All lessons are schedule for 25 Minutes per session**

**Y - Members \$65**

**Non - Members \$85**

**Grants Pass Family YMCA**

1000 Redwood Ave • 541-474-0001 • grantspassymca.org



# LESSON SELECTOR

## WHAT AGE GROUP DOES THE STUDENT FALL INTO?



6 months–3 years  
**PARENT & CHILD:**  
Parent/Tot Class



3 years–6 years  
**PRESCHOOL:**  
Levels 1–4



7 years–12 years  
**SCHOOL AGE:**  
Levels 1–4



12–18 years  
**TEENAGE**  
Levels 1–4

All age groups are taught the same skills but divided according to their developmental milestones.

## WHICH STAGE IS THE STUDENT READY FOR?

Is the student 3 years old and comfortable in the pool without a parent?

NOT YET

**Parent/Tot**

Can the student glide by themselves on their front with their face in the water?

NOT YET

**Level 1**

Can the student use their arms to swim on their stomach by rolling to their side?

NOT YET

**Level 2**

Can the student swim freestyle and backstroke?

NOT YET

**Level 3**

Can the student swim breast stroke and swim two lengths (50 yds.) of the pool?

NOT YET

**Level 4**

\*At the Y, we know families take a variety of forms. As a result, we define parent broadly to include all adults with primary responsibility for raising children, including biological parents, adoptive parents, guardians, stepparents, grandparents, or any other type of parenting relationship.