

WELLNESS CENTER

MAKE WELLNESS A PRIORITY



SYNERGIE BODY TREATMENT

Synergie is a vacuum massage that physically manipulates the collagen fibers & connective tissue, increasing metabolism and blood circulation to the treated area. Benefits include enhanced lymphatic drainage and detoxification, reduced fluid retention and puffiness, muscle relaxation and pain relief.

Trial (only valid for first service)	\$45.00
Single Session	\$60.00
(5) Session Package	\$275.00
(8) Session Package	\$456.00
(16) Session Package	\$800.00



Synergie Cellulite Reduction



Red Light Therapy

RED LIGHT THERAPY

Fifteen minutes of Red Light Therapy improves skin health & circulation, stimulates hair growth, promotes cellular health, expedites muscle repair, and reduces inflammation & pain.

Monthly Cost - Three (3) 15-Minute Sessions per week	\$20.00
Single Session	\$10.00



Massage Therapy

MASSAGE THERAPY

Massage is a type of wellness treatment in which a certified therapist manipulates the soft tissue of your body, using varying degrees of pressure & movement.

	MEMBER	NON-MEMBER		MEMBER
30-Minute Massage	\$55.00	\$70.00	(1) 10-Min Hydromassage	\$10.00
60-Minute Massage	\$95.00	\$110.00	Monthly Hydromassage	\$20.00
90-Minute Massage	\$130.00	\$145.00	(1) 10-Minute Session Per Day	

LIFE COACHING

A Life Coach helps guide clients to reach goals, stay on track, and overcome actions that sabotage your desires, plans, and dreams

	MEMBER	NON-MEMBER
1 Hour Session	\$50.00	\$60.00
(3) 1 Hour Sessions	\$143.00	\$173.00
(5) 1 Hour Sessions	\$225.00	\$275.00
(10) 1 Hour Sessions	\$425.00	\$525.00



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