

# GRANTS PASS FAMILY YMCA PERSONAL TRAINING

## MEMBER /NON-MEMBER

1 1/2 Hour session	\$35.00	\$45.00
1 1 Hour session	\$50.00	\$60.00
3 1 Hour sessions	\$143.00	\$173.00
5 1 Hour sessions	\$225.00	\$275.00
10 1/2 Hour sessions	\$225.00	\$325.00
10 1 Hour sessions	\$425.00	\$525.00

Packages must be redeemed within 6 months

Take an **InBody** test today  
\$35.00

In just 50 seconds, the InBody Test will show your percentage of, body fat, muscle and body water, giving you a better understanding of your weight and health

Each subsequent  
InBody test is \$5



## Contact us

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