Grants Pass Family YMCA

November & December
Swim Lessons

the Y. YMCA

Mon & Wed 8 Lessons (2X Week) Oct. 27 – Nov. 19 Registration closes Oct. 24 Nov. 24 – Dec. 17 Registration closes Nov. 21	Tue & Thurs 8 Lessons (2X Week) Oct. 28– Nov. 20 Registration closes Oct. 24 Nov. 25 – Dec. 18 Registration closes Nov. 21	Saturdays 8 Lessons (1X Week) Nov. 8 – Dec. 20 Registration closes Nov. 5 *No lessons Dec. 27th (Prices are prorated)
Preschool (3–6 yrs)	**Preschool (3–6 yrs)**	**Preschool (3–6 yrs)**
Level 1 5:00 pm Level 2 5:30 pm Level 3 6:00 pm Level 4 6:30 pm	Level 1 5:00pm Level 2 5:30 pm Level 3 6:30 pm	Level 1 10:00 am Level 2 10:30 am Level 3 11:00 am
School Age (7–15yrs)	**School Age (7–15yrs)**	**School Age (7–15yrs)**
Level 1 5:00 pm Level 2 5:30 pm Level 3 6:00 pm Level 4 6:30 pm	Level 1 5:00 pm Level 2 5:30 pm Level 3 6:00 pm Level 4 6:30 pm	Level 1 10:00 am Level 2 10:30 am Level 3 11:00 am Level 4 11:30 am

Parent/Tot (6mo.–3yrs)

Tues/Thurs	6:00 pm		Saturday	11:30am

All lessons are schedule for 25 Minutes per session

Y – Members $65   **Non – Members $85**

Grants Pass Family YMCA
1000 Redwood Ave • 541–474–0001 • grantspassymca.org

LESSON SELECTOR

WHAT AGE GROUP DOES THE STUDENT FALL INTO?

6 months–3 years
PARENT & CHILD:
Parent/Tot Class

3 years–6 years
PRESCHOOL:
Levels 1–4

7 years–12 years
SCHOOL AGE:
Levels 1–4

12–18 years
TEENAGE
Levels 1–4

All age groups are taught the same skills but divided according to their developmental milestones.

WHICH STAGE IS THE STUDENT READY FOR?

Is the student 3 years old and comfortable in the pool without a parent?

NOT YET → **Parent/Tot**

Can the student glide by themselves on their front with their face in the water?

NOT YET → **Level 1**

Can the student use their arms to swim on their stomach by rolling to their side?

NOT YET → **Level 2**

Can the student swim freestyle and backstroke?

NOT YET → **Level 3**

Can the student swim breaststroke and swim two lengths (50 yds.) of the pool?

NOT YET → **Level 4**