

SPLASH INTO CAVEMAN POOL

2025 Summer Season | June 16–August 29



For a better us.®



Daily Fee (4–5 hrs.)

4 & under w/adult	Free
Youth (5–17)	\$5.00
Adult (18+)	\$6.50
Family*	\$12.00

includes up to 4 members of the same household

Season Pass

Youth	\$75
Adult	\$125
Family	\$175

Includes up to 4 members of the same household. \$40 per additional household member.

Passes can be purchased at the YMCA from May 19–24 and at Caveman Pool starting May 27. See Reverse for office hours before Opening Day.

MONDAY & WEDNESDAY*

Club Swim	8a – 10a
Lap Swim	10a – 11:30a
Swim Lessons	9:30a – 11:30a
Open Swim	12p – 5p
Swim Lessons/Lap Swim	5:30p – 7:30p

FRIDAY

Lap Swim	8a – 11:30a
Open Swim	12p – 5p
Family Night	6:30p – 10p

SATURDAY

Lap Swim	9a – 11:30a
Open Swim	12p – 5p

SUNDAY

Open Swim	12p – 5p
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TUESDAY & THURSDAY*

Club Swim	8a – 10:00a
Masters/Lap Swim	10a – 11:30a
Swim Lessons	9:30a – 11:30a
Open Swim	12p – 5p
Swim Lessons/Lap Swim	5:30p – 7:30p

[See Reverse Page for Rental Information](#)

Children under the age of 10 must have a parent/guardian present. All non swimmers are required to have a parent/guardian present at all times.

» For More information

Grants Pass Family YMCA

1000 Redwood Ave, Grants Pass, OR, 97527
541-474-0001 | grantspassymca.org

Caveman Pool

801 NE 9th St, Grants Pass, OR, 97526
541-916-5776

grantspassoregon.gov/1660/Caveman-Pool

Portions of the pool may be used for YMCA programs

POOL RENTALS

Reservations are available for private parties or events Saturday at Sunday from 5pm–9pm and Monday–Thursday from 8pm–10pm.

All party/event registrations must be scheduled and the deposit paid a minimum of two weeks in advance for it to be held and the remaining fee paid a week before the event. Cancellations must be done a minimum of 24 hours in advance to receive a partial refund, unless under certain circumstances such as poor air quality.

Private Group (up to 75 guests)* \$175/hr (min. 2 hours)
Price includes a non-refundable deposit of \$150

Table Rentals are available all day and payments can be made at Caveman Pool

Table \$25/table/Hour**

*Additional guests may pay normal day fee

**Guests must pay day fee if not a season pass holder

Please contact Cambrie Quicke to reserve.
541-916-5776 or cquicke@grantspassymca.net

PRIVATE/SEMI-PRIVATE LESSONS

Work at your own pace with a customized curriculum to meet your desired goals. Available for all swimming abilities ages 3+. Private lessons are 1 student to 1 instructor; Semi-Private lessons are 2+ students to 1 instructor. Prices are per student. Must be scheduled before payment. For more questions, contact McKenzie Shaw at 541-916-9777 or mckshaw@grantspassymca.net.

Private:	Semi-Private:
30 Minutes	30 Minutes
5 lessons \$140	5 lessons \$105

GROUP SWIM LESSONS

June 16 – August 21

Registration can be completed in person at the Caveman Pool

8 Lessons

25-minute lessons | \$85

PRE-OPENING OFFICE HOURS

The office at Caveman Pool will be open for the public to purchase season passes or swim lessons before Opening Day.

Open times

May 27–June 12

9am – 11am (Monday–Friday)

4pm – 6pm (Monday/Wednesday/Friday)

SUMMER SWIM CLUB

Coached by certified coaches, the summer swim club will be operated by Club Northwest for swimmers ages 7–18 to develop their skills. For more information, contact Club Northwest.

CHOOSING YOUR SWIM LESSON LEVEL

WHICH STAGE IS THE STUDENT READY FOR?

Is the student 3 years old and comfortable in the pool without a parent?

NOT YET

Parent/Tot

Can the student glide by themselves on their front with their face in the water?

NOT YET

Level 1

Can the student use their arms to swim on their stomach by rolling to their side?

NOT YET

Level 2

Can the student swim freestyle and backstroke?

NOT YET

Level 3

Can the student swim breaststroke and swim two lengths (50 yds.) of the pool?

NOT YET

Level 4

SESSION DATES

Swim Lessons are divided into multiple sessions, including daily lessons in the morning and twice-weekly sessions in the evening. Please check Swim Lessons page for more information.

The YMCA reserves the right to combine and/or cancel classes as necessary. Fee includes at 10% non-refundable deposit for participant cancellation.

FRIDAY NIGHTS ARE FAMILY NIGHTS!

Fridays at the Caveman Pool are going to be a party! We will have Dive-In Family Night on Fridays, starting June 27, featuring a family movie.



CAVEMAN POOL

SWIM LESSONS

EVENING LESSONS (TWICE A WEEK)

5:00 – 7:00PM

Session 1

M/W: 6/23-7/16

T/Th: 6/24-7/17

Session 2

M/W: 7/21-8/13

T/Th: 7/22-8/14

Preschool and School Age

Level 1 @ 5pm M/W or T/Th

Level 2 @ 5:30pm M/W or T/Th

Level 3 @ 6pm M/W

Level 4 @ 6:30pm M/W

Preschool Age and Parent/Tot

@ 6pm T/Th

School Age

Level 3 @ 6pm T/Th

Level 4 @ 6:30pm T/Th

Preschool Age

Level 3 @ 6:30pm T/Th

MORNING LESSONS (DAILY)

9:30 – 11:30AM

Session 1: 6/23-7/3

Session 2: 7/7-7/17

Session 3: 7/21-7/31

Session 4: 8/4-8/14

Session 5: TBA

Preschool and School Age

Level 1 @ 9:30am

Level 2 @ 10am

Level 3 @ 10:30am

Preschool Age and Parent/Tot

@ 11am

School Age

Level 4 @ 11am



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DIVE-IN



FAMILY NIGHTS

AT CAVEMAN POOL

June 27 — Moana

July 11 — How To Train Your Dragon

July 18 — Lego Movie 2

July 25 — Incredibles

Aug. 8 — Kung Fu Panda

Aug. 15 — Emperor's New Groove

Aug. 22 — A Goofy Movie

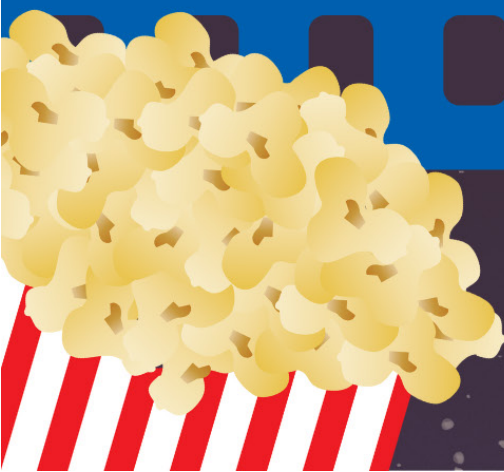
\$5 per person to swim. Family movie is included.

Doors open at 6:30pm

Movie starts at 8:00 pm

No glass containers allowed

Admission is required of everyone in attendance



For more information contact
Grants Pass YMCA
mckshaw@grantspassymca.net
541-916-5777



CAVEMAN POOL
PRESENTS

Teen Nights

7:00–9:00pm

June 26th, July 24th, and Aug. 21st

\$5 entry

for teens 13–18 years old

MUSIC, GAMES AND FUN!

CONTACT CAMBRIE AT
CQUICKE@GRANTSPASSYMCA.NET
FOR MORE INFORMATION.



801 NE 9TH ST | 541-916-5776 |
GRANTSPASSYMCA.ORG