

Egyptian Cabaret Belly Dancing



Thursdays

5:15 – 6:30 PM Beginner and Intermediate Levels*

6:30 – 7:30 PM Advanced and Performance Levels*

*16 Years and older

Beginner/Intermediate level is for dancers
with no prior experience and those with limited experience
x-Advanced level is structured for the experienced dancer

x-must have prior approval for advanced class

**Nonmember
price: \$8
Free for
members**

Dance instructor Vikki guides you through a contemporary Egyptian style of belly dancing. This type of dance is very controlled, elegant, refined and often includes some ballet.



Muscular control is emphasized and movements are small.
"Less is More"

- Learn technique
- Play finger cymbals/ Zills
- Veil work

Grants Pass Family YMCA
1000 Redwood Ave
541-476-0001
grantspassymca.org

